



CHURCH OF THE ASCENSION EXISTS TO:

*Proclaim* THE GOSPEL,  
*Worship* WHOLEHEARTEDLY,  
*Serve* GENEROUSLY,  
AND *Love* LIKE JESUS.

Heavenly Father,  
Thank you for calling us  
to serve as your disciples.

You have charged us  
through Your Son, Jesus,  
with the great mission of evangelizing  
and witnessing Your love to the world.

Send the Holy Spirit  
to show us Your will  
for increased spiritual renewal  
in our Ascension community.

Give us the strength and courage to  
*Proclaim* the Gospel,  
*Worship* wholeheartedly,  
*Serve* generously,  
and *Love* like Jesus.

We entrust our parish family  
to the care of Mary,  
seeking her intercession and help  
as we strive to live our Catholic faith  
with a *Joy* that inspires others,  
a *Patience* that fosters relationships,  
and a *Charity* that transforms hearts.

Amen.



# MY PERSONAL PRAYER COMMITMENT

## I COMMIT TO...

- ☐ Attend Mass every Sunday & Holy Day
- ☐ Attend daily Mass at least once per week
- ☐ Commit to Christ Renews His Parish (CRHP), marriage enrichment or other retreat opportunities
- ☐ Pray the Rosary daily
- ☐ Pray the Chaplet of Divine Mercy
- ☐ Pray together with family and loved ones
- ☐ Read the Bible 15 minutes per day
- ☐ Receive the Sacrament of Reconciliation at least once per month
- ☐ Spend one hour per week praying before the Blessed Sacrament
- ☐ Spend 1% (15 minutes) of each day in personal prayer
- ☐ \_\_\_\_\_



*Please keep this card as a reminder of your commitment of time with God.*

# PRAYER INTENTIONS

## YOUR PARISH IS HERE FOR YOU

How can we serve you? All Prayer Intentions will be prayed for collectively.

---

---

---

---

---

---

---

---



## I WOULD LIKE TO SPEAK TO A PRIEST

Name: \_\_\_\_\_

Please contact me at:

Phone: \_\_\_\_\_

The best time to reach me is:

Day/Time: \_\_\_\_\_

*Please tear off this card and place in the box in the Gathering Space or return to the parish office.*