

**Archdiocese of Kansas City in Kansas Catholic Counselors** Listing of counselors/psychotherapists who have solemnly pledged that they are Catholics who follow the teachings and authority of the Magisterium of the Catholic Church. They have firmly pledged to follow Catholic teachings in their lives, and to encourage their Catholic clients to live these out as well. This listing is not an endorsement of their counseling methods or effectiveness. Many of these counselors are providing telehealth sessions during COVID-19.

<https://www.archkck.org/family-life/mfl---catholic-counselors?>

**Catholic Counselors-Tele-counseling Service** Let us help you find faithful, effective solutions for the following: marital/relationship problems (couples or solo spouse), parenting struggles, depression, anxiety, OCD, and scrupulosity, problem anger, co-dependency, family-of-origin issues, recovery from trauma, sexual problems (individual and marital), behavioral addictions/compulsions, spiritual crises, personal growth.

<https://catholiccounselors.com/>

**Johnson County Mental Health** Johnson County Mental Health specializes in family medicine, internal medicine, neurology, psychiatry, psychology, behavioral health and social services and clinical social worker specialties. 913-715-7700

**National Alliance on Mental Illness (NAMI)** The National Alliance on Mental Illness is the nation's largest grassroots mental health organization dedicated to building better lives for millions of Americans affected by mental illness. NAMI offers family support classes and peer to peer support to help you navigate mental health crises. Beth Hartung 913-208-3321 <https://www.nami.org/Home>

**Pathway to Hope** Pathway to Hope provides ways to connect to cope with mental illness. "Because no one should face mental illness alone." <https://pathwaytohope.org/>

**National Catholic Partnership on Disability (NCPD)-Council on Mental Illness** Rooted in Gospel values that affirm the dignity of every person, the National Catholic Partnership on Disability (NCPD) works collaboratively to ensure meaningful participation with disabilities in all aspects of life of the Church and society. <https://ncpd.org/about/serve>

**Catholic Charities of Northeast Kansas** Network of charities working to reduce poverty in our community. Catholic Charities serves thousands of people each year, regardless of their religious, social, or economic backgrounds. For emergency needs including food, shelter and clothing assistance. 913-433-2100 or <https://catholiccharitiesks.org/>

**Addiction (LMAC) Support Licensed Masters Addiction Counselor** providing support and education to those who are suffering, or who love someone who is suffering, from addictions. We provide space for two AA groups and an AI-Anon group, along with occasional support and educational opportunities. George Crossland 816-728-6162

**Alcoholics Anonymous** International fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available at Church of the Ascension on Sunday afternoons (1:00PM) and Wednesday (7:00PM) evenings

in the St. John Room. There are no age or education requirements. Membership is open to anyone who wants help.

**Al-Anon** Mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. Al-Anon meets at Church of the Ascension on Sunday afternoons at 4:00 in the St. John Room.

**Calix Society** The Calix Society addresses the particular spiritual needs of Catholics recovering from alcohol addiction. It affiliates closely with Alcoholics Anonymous and believes in the effectiveness of the twelve-step program,. It focuses on enabling Catholics who may have abandoned or neglected their faith during active alcoholism to return and have the fellowship of other Catholics in recovery. Meetings are the first Friday of each month at Church of the Ascension. Fr. Viet Nguyen 913-681-3348

**“As for Me and My House,....”** Catholic men and women come together in the name of the Lord to reclaim their homes and families from pornography. This program is offered through the Archdiocese. Sam Meier 913-647-0378

**Bereavement Ministry** For those grieving a loss, a support group gathers on the 2nd Saturday of each month after the 8:30am Mass where a light breakfast is provided. We plan a Mass to remember and celebrate all of the parishioners and family and friends of parishioners who have died in the past year. This Mass is held annually on November 2nd, All Souls Day. Patty Billinger 913-681-3348

**Project Chrysalis** Project Chrysalis is a Catholic ministry designed to help parents who have lost a child find hope through Sacred Scripture and community, all while adhering to the teaching of the Magisterium. While this ministry is not a bereavement group, our mission is to offer support to parents and grandparents in a time of transformation. Meets the last Tuesday of the month at Church of the Ascension. Deacon Ken & Patty Billinger 913-634-4210

**Career and Employment Ministry** We provide support for the success of individuals seeking employment in their occupation of choice. Our ministry helps with coping with job loss, professional counsel, branding and networking opportunities. Shannon Gomez, 913-708-0157, Beth Hartung 913-563-7938, Matt Hartung 913-424-0523, Tim Huston 913-893-6861, Mike Tracy 913-575-7397

**Good Samaritan Fund** This is monetary assistance to parishioners who are having a tough time. It is administered and funded through our Faith in Action committee and overseen by Fr Tom. Fr. Tom Tank 913-681-3348

**Hillcrest Apartments** Providing transitional apartments to homeless families, which includes a rigorous screening and education component. We sponsor two apartments. Assistance includes restocking the apartments when a family graduates. Time commitment is several hours of shopping a couple of times a year, plus contact with charity as needed. We stock their food pantry, provide Christmas gifts through Angel Tree, and provide coffee for the offices and meetings with clients. <http://www.hillcresttransitionalhousing.org/>

**IHN Interfaith Hospitality Network** Providing shelter to homeless people or families in different churches throughout Johnson County. While Ascension does not host the families, we take two evenings and nights each quarter at the host church to provide supervision through the evening until morning and provide meals, snacks and transportation. Training required to provide supervision, but help is needed with providing meals and snacks. Dorothy Long 970-319-1451, Ellen Johnson 913-685-2040

**Safe Home** Safe Home is a nonprofit organization and domestic violence shelter in Overland Park, Kansas. Safe Home's core purpose is to provide a healing atmosphere where survivors of domestic violence can gain inner strength, explore options, and be empowered to live a life free of abuse. <https://safehome-ks.org/who-we-are/>