

# Prayers To Be Learned

## 1<sup>st</sup> Grade

### Our Father

Our Father, Who art in heaven,

Hallowed be Thy Name.

Thy Kingdom come.

Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

Amen.

### Hail Mary

Hail Mary, Full of Grace, The Lord is with thee.

Blessed art thou among women, and blessed is the fruit  
of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now, and at the hour of death.

Amen.

### Glory Be

Glory be to the Father,

and to the Son,

and to the Holy Spirit.

As it was in the beginning,

is now,

and ever shall be,

world without end.

Amen.

Bonus Prayer:

# Prayers To Be Learned

## 2<sup>nd</sup> Grade

### Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen.

### Prayer Before and After Meals

Before: Bless us Oh Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, Our Lord. Amen.

After: We give Thee thanks, Almighty God, for these Your benefits Who lives and reigns, world without end. Amen.  
May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

The first part is the most common part of the prayer before meals. Please help your child to know at least the first part.

### Prayer After Receiving Holy Communion

Thank you Jesus for coming inside of me.  
I love you and always want to follow you.  
Please help me do what is good and right every day.  
Amen.

### **Bonus Prayer:**

#### Act of Thanksgiving

My good Jesus, I thank You with all my heart. How good, how kind You are to me, sweet Jesus! Blessed be Jesus in the most Holy Sacrament of the Altar. Remain with me, O Lord and be my true joy.

### **Prayers to be Maintained:**

Sign of the Cross  
Our Father  
Hail Mary  
Glory Be

# Prayers To Be Learned

## 3<sup>rd</sup> Grade

### Guardian Angel Prayer

Angel of God, my guardian dear,  
To whom God's love commits me here,  
Ever this day, be at my side,  
To light and guard, Rule and guide.  
Amen.

### The Confiteor

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done  
and in what I have failed to do,  
[All strike their breast]  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God. Amen.

### An Act of Spiritual Communion by Saint Alphonsus Liguori

[This is a great prayer to pray when you can't receive Holy Communion due to illness or maybe it's during the week and your schedule didn't allow you to go to a daily Mass to receive Jesus in the Eucharist but you want to unite your heart to Jesus spiritually.]

My Jesus, I believe that you are in the Blessed Sacrament.  
I love you above all things, and I long for you in my soul.  
Since I cannot now receive you sacramentally, come at least spiritually into my heart as though You have already come. I embrace You and unite myself entirely to you; never permit me to be separated from You!

## Bonus Prayer

### Miraculous Medal Prayer

O Mary, conceived without sin, pray for us who have recourse to thee, and for those who do not have recourse to thee, especially the enemies of the Church and those recommended to thee. Amen.

### **Prayers to be Maintained:**

Sign of the Cross	Our Father
Hail Mary	Glory Be
Grace Before Meals	Act of Contrition

# Prayers To Be Learned

## 4<sup>th</sup> Grade

### Morning Offering

O Jesus, through the Immaculate Heart of Mary,  
I offer You my prayers, works, joys and sufferings  
of this day for all the intentions of Your Sacred Heart,  
in union with the Holy Sacrifice of the Mass  
throughout the world, in reparation for my sins,  
for the intentions of all my relatives and friends,  
and in particular for the intentions of the Holy Father.  
Amen.

### Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth;  
and in Jesus Christ, His only Son Our Lord.  
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.  
He suffered under Pontius Pilate, was crucified, died, and was buried.  
He descended into hell.  
On the third day he rose again.  
He ascended into Heaven, and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins,  
the resurrection of the body and the life everlasting. Amen.

### Pardon Prayer (Prayer given to the Children of Fatima by the Angel of Peace who appeared to them)

My God, I believe, I adore, I hope and I love You! I ask pardon of You for those who do not believe,  
do not adore, do not hope and do not love You.

### **Bonus Prayer**

#### Act of Faith

O my God, I firmly believe  
that you are one God in three divine Persons,  
Father, Son, and Holy Spirit.  
I believe that your divine Son became man  
and died for our sins and that he will come  
to judge the living and the dead.  
I believe these and all the truths  
which the Holy Catholic Church teaches  
because you have revealed them  
who are eternal truth and wisdom,  
who can neither deceive nor be deceived.  
In this faith I intend to live and die.  
Amen.

#### **Prayers to be Maintained:**

Sign of the Cross  
Guardian Angel Prayer  
The Confiteor

Our Father  
Act of Contrition  
Prayer Before Meals

Hail Mary

Glory Be

# Prayers To Be Learned

## 5<sup>th</sup> Grade

### Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our Life, our Sweetness, and our Hope.  
To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious Advocate, Thine Eyes of Mercy toward us, and after this our exile show us the Blessed Fruit of thy Womb, Jesus. O clement, O loving, O sweet Virgin Mary.  
Pray for us O Holy Mother of God That we may be made worthy of the promises of Christ. Amen.

### The Anima Christi

*(This prayer is often prayed after receiving Holy Communion)*

Soul of Christ, sanctify me  
Body of Christ, save me  
Blood of Christ, inebriate me  
Water from Christ's side, wash me  
Passion of Christ, strengthen me  
O good Jesus, hear me  
Within Thy wounds hide me  
Suffer me not to be separated from Thee  
From the malicious enemy defend me  
In the hour of my death call me  
And bid me come unto Thee  
That I may praise Thee with Thy saints  
and with Thy angels  
Forever and ever  
Amen

### St. Francis' Vocation Prayer

Most High, Glorious God, enlighten the darkness of our minds. Give us a right faith, a firm hope and a perfect charity, so that we may always and in all things act according to Your Holy Will. Amen.

### Bonus Prayer:

#### Act of Hope

O my God, trusting in Your promises and in infinite merits of Jesus Christ, our Redeemer, I hope for the pardon of my sins and the graces I need to serve You faithfully on earth, and to obtain eternal life in heaven. Amen.

#### Prayers to be Maintained:

Sign of the Cross	Our Father	The Confiteor	Prayer Before Meals
Hail Mary	Glory Be	Morning Offering	Pardon Prayer
Guardian Angel Prayer	Act of Contrition	Apostles Creed	Act of Faith

# Prayers To Be Learned

## 6<sup>th</sup> Grade

### PRAYER TO SAINT MICHAEL THE ARCHANGEL

St. Michael the Archangel, defend us in battle.  
Be our protection against the wickedness and snares of the Devil.  
May God rebuke him, we humbly pray,  
and do thou, O Prince of the heavenly hosts,  
by the power of God,  
cast into hell Satan,  
and all the evil spirits,  
who prowl about the world  
seeking the ruin of souls. Amen.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided.  
Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

### Act of Love

O Lord God, I love you above all things  
and I love my neighbor for your sake  
because you are the highest, infinite and perfect  
good, worthy of all my love.  
In this love I intend to live and die.  
Amen.

### Bonus Prayer

#### **Prayer of Surrender**

Father,  
I abandon myself into your hands; do with me what you will.  
Whatever you may do, I thank you:  
I am ready for all, I accept all.  
Let only your will be done in me, and in all your creatures—  
I wish no more than this, O Lord.  
Into your hands I commend my soul;  
I offer it to you with all the love of my heart,  
for I love you, Lord, and so need to give myself,  
to surrender myself into your hands without reserve,  
and with boundless confidence,  
for you are my Father. Amen.

By Blessed Charles de Foucauld

#### **Prayers to be Maintained:**

Sign of the Cross	Our Father	Hail Mary	Glory Be	St. Francis' Prayer
Guardian Angel Prayer	Act of Contrition	The Confiteor	Prayer Before Meals	Act of Faith
Morning Offering	Apostles Creed	Hail Holy Queen	Anima Christi	Act of Hope

# Prayers To Be Learned

## 7<sup>th</sup> Grade

### **The Mysteries of the Rosary**

#### **The Five Joyful Mysteries** (Monday & Saturday)

The Annunciation: Humility

The Visitation: Charity

The Birth of Our Lord: Poverty, or detachment from the world

The Presentation of Our Lord: Purity of heart, obedience

The Finding of Our Lord in the Temple: Piety

#### **The Five Sorrowful Mysteries** (Tuesday & Friday)

The Agony in the Garden: Contrition for our sins

The Scourging at the Pillar: Mortification of our senses

The Crowning with Thorns: Interior mortification

The Carrying of the Cross: Patience under crosses

The Crucifixion and Death of Our Lord: That we may die to ourselves

#### **The Five Glorious Mysteries** (Sunday & Wednesday)

The Resurrection: Conversion of heart

The Ascension: A desire for heaven

The Coming of the Holy Ghost: The Gifts of the Holy Ghost

The Assumption of our Blessed Mother into Heaven: Devotion to Mary

The Coronation of our Blessed Mother: Eternal happiness

#### **The Five Luminous Mysteries** (Thursday)

The Baptism in the Jordan

The Wedding at Cana

The Proclamation of the Kingdom

The Transfiguration

The Institution of the Eucharist

### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

### **Prayer to the Holy Spirit**

Come, Holy Spirit, fill the hearts of Your faithful, and kindle in them the fire of Your love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth.

**Let us pray.** O God, who did instruct the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of that same Spirit, we may be truly wise and ever rejoice in His consolation. Through Christ our Lord. Amen.

## 7<sup>th</sup> Grade continued...

### Bonus Pryaer

#### **Peace Prayer of St. Francis**

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

and where there is sadness, joy.

O Divine Master,

grant that I may not seek

so much to be consoled as to console;

to be understood and to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning that we are pardoned;

and it is in dying that we are born to eternal life.

Amen.

#### **Prayers to be Maintained:**

Sign of the Cross

Our Father

Act of Faith

Hail Mary

Glory Be

Act of Hope

Guardian Angel Prayer

Act of Contrition

The Confiteor

Prayer Before Meals

Morning Offering

Apostles Creed

Prayer to the Holy Spirit

Prayer to St. Michael the Archangel

Memorare

Hail Holy Queen



# Prayer to be Learned

## 8<sup>th</sup> Grade

### The Gifts of the Holy Spirit

- The gift of wisdom
- The gift of understanding
- The gift of counsel (right judgment)
- The gift of fortitude
- The gift of knowledge
- The gift of piety
- The gift of fear of the Lord

### The Fruits of the Holy Spirit

- |                   |                  |
|-------------------|------------------|
| 1. Charity (love) | 7. Generosity    |
| 2. Joy            | 8. Gentleness    |
| 3. Peace          | 9. Faithfulness  |
| 4. Patience       | 10. Modesty      |
| 5. Kindness       | 11. Self-Control |
| 6. Goodness       | 12. Chastity     |

### Radiating Christ

Dear Jesus, help us to spread your fragrance everywhere we go.  
Flood our souls with your spirit and life.  
Penetrate and possess our whole being so utterly,  
that our lives may only be a radiance of yours.  
Shine through us, and be so in us,  
that every person we should come in contact with  
may feel your presence in our soul.  
Let them look up and see no longer us, but only Jesus.  
Stay with us, and then we shall begin to shine as you shine;  
so to shine as to be a light to others;  
the light, Jesus, will be all from you.  
None of it will be ours.  
It will be you shining on others through us.  
Let us thus praise you in the way you love best,  
by shining on those around us.  
Let us preach you without preaching:  
not by words, but by our example,  
by the catching force,  
the sympathetic influence of what we do,  
the evident fullness of the love our hearts bear for you.  
Amen.

## 8<sup>th</sup> Grade Continued:

### Bonus Prayer:

#### **Act of self dedication** by St. Ignatius of Loyola

Take O Lord, and receive my entire liberty, my memory, my understanding and my whole will. All that I am and all that I possess You have given me: I surrender it all to You to be disposed of according to Your will. Give me only Your love and Your grace; with these I will be rich enough, and will desire nothing more. Amen

#### **Prayers to be Maintained:**

Sign of the Cross	Our Father	Hail Mary
Glory Be	Guardian Angel Prayer	
Act of Contrition	The Confiteor	Prayer Before Meals
Morning Offering	Apostles Creed	Prayer to the Holy Spirit
Prayer to St. Michael the Archangel		Memorare
Hail Holy Queen		The Mysteries of the Rosary
Fatima Prayer	Prayer to the Holy Spirit	