



# Mary Brown's Eucharistic Witness

The Eucharist brings meaning to my life and centers me in my Catholic faith. I believe in the true presence of Jesus in the Sacrament of the Eucharist. Jesus is also truly present in the Tabernacle and in the Adoration Chapel. What a joy to spend quality time with Jesus in the Adoration Chapel! Every hour spent in Adoration is such a blessing to me. It's the most peaceful hour of my day.

I have received so many blessings by visiting Jesus - prayers answered and peace of mind. What do I pray about? I talk to Him about everything going on in my life; I meditate; I pray for the souls in purgatory; I recite the Rosary and the Chaplet of Mercy; I read the Bible and other spiritual books; I try to be still and listen to God speaking to me. I feel calm and full of peace and serenity. We are blessed to have such a beautiful Adoration Chapel at Church of the Ascension!