

Behold!

The word behold means “to see” or “to gaze upon.” The Angel Gabriel announces the greatest news ever spoken on this earth:

“Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. He will be great and will be called Son of the Most High and the Lord God will give him the throne of David His father, and He will rule over the House of Jacob forever, and of His kingdom will have no end.” (Luke 1:31-33)

Why is this such great news? This is the moment of the Incarnation. It is the great announcement of the Glad Tidings and Good News of Jesus Christ who came to restore the broken relationship we had with God and make all things new.

The Savior of the world takes on human flesh in the town of Bethlehem which means “house of bread”. His bed was a feeding trough. He is the Bread of life which we feed upon when we receive Him in the Holy Eucharist each Sunday. Not only does He come to save us but He comes to feed and give His very self to us.



In this Christmas Season let us behold, gaze upon, Our Lord with deep devotion and adoration. Let us celebrate by committing our lives to follow, love and be strengthened by Jesus in the Holy Eucharist. May we behold our Lord and Savior and be people of holy joy! Come Lord Jesus Christ. Live in me and let me be renewed in you!